

Exercise series: Eat Well, Live Well 6th year of basic education · Unit 2: Keeping Fit		Scolaire.tn Practice series written by Scolaire.tn
Subject: English	Answer key at the end	
Name:		Class:

Exercise 1: True or false?

Level 1

Read each sentence, then say whether it is true or false.

1) Adam must brush his teeth two times a day.

☐ True ☐ False

2) Sugar is good for teeth.

☐ True ☐ False

3) Three starts with the same sound as tree.

☐ True ☐ False

4) Milk and cheese are good for teeth.

☐ True ☐ False

Exercise 2: Complete with the right word

Level 1

Choose the word that completes each sentence (instead of the dots ...).

1) I walk every day to keep ...

☐ fat ☐ bad ☐ fit

2) Sweets are bad ... your teeth.

☐ to ☐ for ☐ with

3) You ... eat sweets in bed at night.

☐ must ☐ must to ☐ mustn't

Exercise 3: Choose the right answer

Level 2

Choose the right answer.

1) Which sentence is correct?

- ☐ You mustn't drinks fizzy drinks. ☐ You mustn't drink lots of fizzy drinks.
- ☐ You don't must drink fizzy drinks.

2) Which food is good for your teeth?

☐ sweets ☐ fizzy drinks ☐ cheese

3) Who looks after your teeth?

☐ a farmer ☐ a dentist ☐ a baker

Exercise 4: Classify

Level 2

Is it a must or a mustn't?

1) eat sweets in bed

☐ You must... ☒ ☐ You mustn't... ☒

2) eat breakfast

☐ You must... ☒ ☐ You mustn't... ☒

3) eat with dirty hands

☐ You must... ☒ ☐ You mustn't... ☒

4) wash your hands before meals

☐ You must... ☒ ☐ You mustn't... ☒

5) drink lots of fizzy drinks

☐ You must... ☒ ☐ You mustn't... ☒

Exercise 5: Situation 1

Level 3

A birthday party

At Sarra's party there is a cake, sweets and fizzy drinks.

1) Can Sarra eat a piece of cake?

☐ Yes, a party is a special day. ☐ No, never. ☐ Yes, ten pieces.

2) What mustn't she do after the party?

☐ She mustn't say thank you. ☐ She mustn't drink water.

☐ She mustn't go to bed without brushing her teeth.

Exercise 6: Situation 2

Level 3

After lunch

Youssef eats couscous and fruit. Then he wants to go and play.

1) Before he plays, he must...

☐ eat a cake ☐ brush his teeth ☐ sleep for three hours

2) Fruit is ... his body.

☐ bad with ☐ good for ☐ bad for

Answer key: Eat Well, Live Well

Exercise 1: True or false?

1. Adam must brush his teeth two times a day. → true. In the morning and at night.
2. Sugar is good for teeth. → false. Sugar is bad for teeth.
3. Three starts with the same sound as tree. → false. Three starts with /θ/.
4. Milk and cheese are good for teeth. → true. They help teeth and bones.

Exercise 2: Complete with the right word

1. I walk every day to keep **fit**
2. Sweets are bad **for** your teeth.
3. You **mustn't** eat sweets in bed at night.

Exercise 3: Choose the right answer

1. Which sentence is correct? → **You mustn't drink lots of fizzy drinks..** mustn't + base verb.
2. Which food is good for your teeth? → **cheese**. Cheese helps teeth.
3. Who looks after your teeth? → **a dentist**. A dentist is a teeth doctor.

Exercise 4: Classify

1. eat sweets in bed → You mustn't... ❌
2. eat breakfast → You must... ✅
3. eat with dirty hands → You mustn't... ❌
4. wash your hands before meals → You must... ✅
5. drink lots of fizzy drinks → You mustn't... ❌

Exercise 5: Situation 1

1. Can Sarra eat a piece of cake? → **Yes, a party is a special day..** Sweet food is OK sometimes.
2. What mustn't she do after the party? → **She mustn't go to bed without brushing her teeth..** Sugar is bad for teeth.

Exercise 6: Situation 2

1. Before he plays, he must... → **brush his teeth**. After meals we brush our teeth.
2. Fruit is ... his body. → **good for**. Fruit is healthy.

